

RADA

ONE-TO-ONE COACHING

One-to-one coaching is suitable for people who prefer their training to be organised around their schedule and tailored specifically to their needs.

In a private, safe and supportive environment, our experienced tutors can improve personal impact and address particular needs in greater depth, whether it be articulation and projection or confidence and body language. The training uses and incorporates the same methodology as our other training programmes.

One-to-one coaching is particularly effective if you have a specific communication issue you would like to address or an impending presentation or public speaking engagement that you need help with.

One-to-one coaching can also include:

- PowerPoint presentations
- Handling the media
- Chairing and meeting skills
- Pitch presentation and rehearsal
- Accent reduction
- Role-playing job interviews / appraisals
- Broadcast journalism
- Alexander Technique

The training can take place at our meeting rooms in London or at your offices.

The amount of training you book depends on your needs and schedule, however our experience indicates that clients find a series of three 2-hour sessions is a successful format for achieving their goals.

In-house One-to-One Coaching

If you have a number of employees / colleagues who require one-to-one coaching we can set up a programme and deliver the training in-house.

* Outside London - defined as 20 miles (32km) or more outside London

ROYAL
ACADEMY OF
DRAMATIC ART

Cost:

Each hour is charged at £250 + VAT
(* plus tutor expenses if outside of London)

All delegates receive a copy of the RADA Communication Skills manual and tutor handouts.

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This course is run by RADA's commercial subsidiary RADA Enterprises Ltd. Established in 2001 RADA Enterprises makes the unique skills and experience of the Academy available to corporate, government, institutional and individual clients. All profits from RADA Enterprises Ltd are gifted to RADA and therefore, support the next generation of actors.

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